











## We are the Leeds Mental Wellbeing Service.

We work in partnership with GP practices and community organisations across the city to deliver mental health support and a range of psychological therapies.



## Like to know more?



You can self-refer or find out further information at www.leedsmentalwellbeingservice.co.uk or by scanning the QR code opposite.



You can email us on leeds.mws@nhs.net



You can call us on 0113 843 4388

We are not a crisis service. For immediate help visit www.mindwell-leeds.org.uk

## Leeds Mental Wellbeing Service is a partnership between:

Leeds Community Healthcare NHS Trust, Leeds and York Partnership NHS Foundation Trust, Leeds GP Confederation, Northpoint Wellbeing, Inspire North, Touchstone, Women's Counselling and Therapy Service, Homestart Leeds, leso Digital Health, SilverCloud Health, SignHealth